

**Activity: “My Words, My Rights**

**Developmental Focus Area: Social Emotional Infant +toddlers (1-2)**

**Expressing needs and desires verbally gives your child the power to make others aware of his or her rights. When he or she uses words to describe their feelings and wants he or she may be less likely to assert their rights physically such as hitting or biting. Learning simple verbal phrases will increase your child's ability to communicate effectively with others.**

**See our Family Resource- “My Words My Rights” for details on this activity.**

**Online Resource- Visit** <https://www.healthline.com/health/how-to-teach-toddler-to-talk> **for further information and tips to help your toddler to talk more!**

**\*\*\*Please remember to read aloud to your child daily. We recommend reading a minimum of 3 hours a week with your child.**

**The PAL letters are developed to support your child’s academic/social emotional progress and related to the programs School Readiness goals.**

**Child’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Parent Name :\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Rate this activity from 1-5, circle your rating (5= highest rating): **1 2 3 4 5**

Comments about The activity PROVIDE EXAMPLE

\_**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

I agree that completing the at home activity and reading aloud to my child is equivalent to four hours volunteer time for the week.

**Parent’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**