

**Activity: “Nature Touch”**

**Developmental Focus Area: Math/Science**

 **Age: Infant +**

 **Take your child on a walk. During your walk, let your child feel the different textures in nature, such as leaves, stones, or grass. Use descriptive language for your child to learn, like “soft”, “smooth”, “sticky”, or “fuzzy”. Talk with your child about what they see, feel, hear, or smell. Children rely heavily on their senses to understand the world around them. This activity will help your child with understanding objects and what they feel like, as well as building their vocabulary.**

**Online Resource- Visit www.nickjr.com** for more activities to support your child’s learning!

***\*\*\*Please remember to read aloud to your child daily. We recommend reading a minimum of 3 hours a week with your child.***

**The PAL letters are developed to support your child’s academic/social emotional progress and related to the programs School Readiness goals.**

**Child’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Rate this activity from 1-5, circle your rating (5= highest rating): **1 2 3 4 5**

Comments about the activity: (PROVIDE EXAMPLE) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I agree that completing the at home activity and reading aloud to my child is equivalent to four hours volunteer time for the week.

**Parent’s Signature:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- |
| **DATE** | **Activity Code** | **HOURS WORKED** | **RATE** |

***“This institution is an equal opportunity provider and employer”***

**EARLY HEAD START**

**Parent Activity Letter**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **HA** | **4 hours** |  |