**PARENT ACTIVITY LETTER**

**CHILD’S NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**RATETHIS ACTIVITY FROM 1-5, CIRCLE YOUR RATING (5=HIGHEST RATING): 1 2 3 4 5**

**COMMENTS ABOUT THE ACTIVITY:**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\*\*At this time while your child is learning at home, there’s no need to return this PAL to school, but you can keep it to go over with your child as a follow-up learning experience.**

**\*\*Remember to have fun learning together!**



**REMOTE lEARNING ACTIVITIES**

*The PAL Letters are developed to support your child’s academic/social-emotional progress and are related to the program’s School Readiness goals.*

**FOCUS BOOK**

**Recommended Read Aloud**: Happy Birthday To You by Dr. Seuss.

***\*\*\*Please remember to read aloud to your child daily. We recommend reading a minimum of 3 hours per week with your child.***

**Why It’s Important:**

Working with your child to invent his/her own culinary creations, help him/her build confidence in his/her developing conversational skills.

**Primary Objectives for the activity**

This activity will encourage 10a: Engages in conversations.

**At home**, explain to your child that he/she can make his/her own sandwich snack using tools such as cookie cutters and a plastic spreader; and using ingredients such as bread, peanut butter, jelly, or cheese. Invite your child to choose the ingredients and spread them on the bread. You can assist as needed. Next, invite your child to choose a cookie cutter shape for his/her sandwich. Talk to your child about the different shapes that are available and ask him/her to describe them to you. Show him/her how to press down with the cookie cutter and peel away the edges. Make comments about what he/she is doing. For example, “You are working hard at pressing that down to cut your shape”.

**To extend this activity, before your child eats his/her sandwich shape, ask him /her about that shape he/she chose. Encourage more back and forth conversation such as “What does a dog sound like? Where would you find a tree like that one?”Enjoy the sandwich together! Talk about the other shapes you can use at another time.**