

**Activity: “Short and Sweet”**

**Developmental Focus Area: Cognitive Age: toddlers (2-3)**

**Children at this stage of development are learning to focus their attention for short periods of time. Involving your child in several short, engaging activities is better than trying to force him to remain focused on one activity for a long period of time.**

**See our Family Resource- “Short and Sweet” for details on this activity.**

**Online Resource- Visit www.blog.nimama.com>preschool-activites-for-cognitive-d...**

**for further information about supporting your child’s cognitive development.**

***\*\*\*Please* remember *to read aloud to your child daily. We recommend reading a minimum of 3 hours a week with your child. C:\Users\BCCAP- Head Start\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\VAOL3GO4\MC900437791[1].wmf***

**The PAL letters are developed to support your child’s academic/social emotional progress and related to the programs School Readiness goals.**

**Child’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Parent Name :\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Rate this activity from 1-5, circle your rating (5= highest rating): 1 2 3 4 5**

**Comments about the activity: (PROVIDE EXAMPLE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**I agree that completing the at home activity and reading aloud to my child is equivalent to four hours volunteer time for the week.**

**Parent’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- |
| **DATE** | **Activity Code** | **HOURS WORKED** | **RATE** |
|  | **HA** | **4 hours** |  |