

EARLY HEAD START
Parent Activity Letter



Activity: *I do it, You do it*

Developmental Focus Area: *Cognitive*

Age: *Birth-1 year*

-This activity is fun for you and your child to do together. Show the child how to do or use something then let them try it. Letting your child try it will help them learn how to do it themselves. You can use any toy or object you choose. This activity will help your child engage and solve problems.

See our Family Resource- *I do it, You do it.*

*****Please remember to read aloud to your child daily. We recommend reading a minimum of 3 hours a week with your child.** 🐸

The PAL letters are developed to support your child's academic/social emotional progress and related to the programs School Readiness goals.

Child's Name: _____

Parent Name: _____

Rate this activity from 1-5, circle your rating (5= highest rating): **1 2 3 4 5** Comments about the activity: (PROVIDE EXAMPLE)

I agree that completing the at home activity and reading aloud to my child is equivalent to four hours volunteer time for the week.

Parent's Signature: _____ **Date:** _____

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