

**Activity: Roll The Ball**

**Developmental Focus Area: Physical Age: Infants+**

**Rolling a ball, you help your child understand that some things work better with a partner. He/she will learn that being a partner means you must give sometimes (roll) in order to get back (catch). Rolling a ball back and forth teaches a very easy form of cooperation. Knowing how to cooperate will prepare your child to enter into more complex kinds of play with other children later on.**

**See our Family Resource- Roll The Ball for more details of this activity.**

**Online Resource-** [**https://www.verywellfamily.com/why-your-child-should-be-playing-with-balls-289705**](https://www.verywellfamily.com/why-your-child-should-be-playing-with-balls-289705) **for why your child should play with balls**

**for more activities to enjoy with your child at home.**

***\*\*\*Please remember to read aloud to your child daily. We recommend reading a minimum of 3 hours a week with your child. C:\Users\BCCAP- Head Start\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\VAOL3GO4\MC900437791[1].wmf***

**The PAL letters are developed to support your child’s academic/social emotional progress and related to the programs School Readiness goals.**

**Child’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Rate this activity from 1-5, circle your rating (5= highest rating): 1 2 3 4 5 Comments about the activity: (PROVIDE EXAMPLE) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**I agree that completing the at home activity and reading aloud to my child is equivalent to four hours volunteer time for the week.**

**Parent’s Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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