ParentActivity

Letter

**Today,** we recommend the focus book, “*Lunch”,* by Denise Fleming. In the classroom, we talked about what food the mouse in the book ate for lunch! The children matched pictures of food to the beginning letter in the name of the food. This activity promotes literacy skills such as identifying letters, and the sounds they make as well as language skills in having conversation with each other.

**At home,** you can continue promoting literacy skills. While you are preparing a meal, you and your child can talk about beginning letter sound of the food you are making. For example, the sound “b” for Banana, broccoli and beans. To extend this activity, print the food item on a piece of paper, and encourage your child to trace each letter and to talk about the sound of each letter. Have fun!

***\*\*\*Please remember to read aloud to your child daily. We recommend reading a minimum of 3 hours a week with your child. ***

**The PAL letters are developed to support your child’s academic/social emotional progress and are related to the program’s School Readiness goals.**

Thursday**: \_\_\_\_\_\_** Return by Wednesday: \_\_\_\_\_\_\_\_\_\_

Child’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Rate this activity from 1-5, circle your rating (5= highest rating): **1 2 3 4 5**

Comments about the activity: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I agree that completing the at home activity and reading aloud to my child is equivalent to four hours volunteer time for the week.

**Parent’s Signature:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Room: