Parent  Activity

Letter

**Today**, we recommend that you read the book “Going on a Bear Hunt”, by Michael Rosen. In school the children worked their traveling skills from one activity to the next by walking slowly, quickly and by hopping. The children followed the teacher’s directions when moving to the different activities. This activity promoted physical development using objective 4. Demonstrates traveling skills.

**At home,** continue to work on traveling skills with your child by having them help you clean up around the house. You can say let’s play “Follow the Leader” and have your child follow you and copy your actions. An example of this could be walking in a silly way, walking slowly, bending down to pick up toys, reaching high to put a toy on a shelf. Have your child do exactly what you do, for instance if you pick up a toy to put it on a shelf say “I am picking up this toy and putting I on the shelf” then let your child repeat after you by saying “We are picking up the toy and putting it on the shelf.” Take turns being the leader until the house is picked up.

**As an extension,** have your child recall all of the areas in the house that were messy and encourage them to make a list of the things they helped you to put away.

***\*\*\*Please remember to read aloud to your child daily. We recommend reading a minimum of 3 hours a week with your child. ![MC900437791[1]]()***

**The PAL letters are developed to support your child’s academic/social emotional progress and related to the programs School Readiness goals.**

Child’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Rate this activity from 1-5, circle your rating (5= highest rating): **1 2 3 4 5**

Comments about the activity:

I agree that completing the at home activity and reading aloud to my child is equivalent to four hours volunteer time for the week.

**Parent’s Signature:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Room:

***“This institution is an equal opportunity provider and employer”***