

**Activity: How Many Steps?**

**Developmental Focus Area: Math Age: Infant/Toddlers**

***This activity can be used with infants learning through preschool*. *No materials are needed for this activity and it was one you could use outside and inside as well as during routines. The resource gives reader friendly examples to support your child’s gross motor skills and math skills with such simplicity. You could use this resource going forward encouraging traveling skills. You can even scaffold, building upon their child's learning. ie. "We are taking 1,2,3,4,5 steps to the living room to read a book", as the child progresses, "we are taking 1,2,3,4,.....10 steps to the kitchen to get a banana for snack".***

**See our Family Resource- “How Many Steps” for details on this activity.**

**Online Resource- Visit** <https://healthyathome.readyrosie.com/en/> **for more learning activities for toddlers!**

***\*\*\*Please remember to read aloud to your child daily. We recommend reading a minimum of 3 hours a week with your child. ![C:\Users\BCCAP- Head Start\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\VAOL3GO4\MC900437791[1].wmf]()***

**The PAL letters are developed to support your child’s academic/social emotional progress and related to the programs School Readiness goals.**

**Child’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Rate this activity from 1-5, circle your rating (5= highest rating): **1 2 3 4 5** Comments about the activity: (PROVIDE EXAMPLE) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Iagree that completing the at home activity and reading aloud to my child is equivalent to four hours volunteer time for the week. **Parent’s Signature:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- |
| **DATE** | **Activity Code** | **HOURS WORKED** | **RATE** |
|  | **HA** | **4 hours** |  |