

# SUPPORTING SPEECH SOUNDS IN THE HOME

Dear parents/caregivers, use these activities to target speech sounds in the home. Ask your child's speech therapist what sound, what position of the sound, and what level you should be working on at home. Note: This is not a replacement for speech and language services. These activities are to practice and promote carryover of skills and/or if there is a lapse in your child's speech therapy services. Don't forget, activities should be FUN! For questions on how to use these activities at your child's current level, consult with your child's speech therapist.

## activities:

TARGET SOUND: \_\_\_\_\_ POSITION: I / M / F LEVEL: \_\_\_\_\_

### SCAVENGER HUNT

- Walk around the house or outside looking for objects that include target sound. Practice as you go.
- For added fun, take pictures of objects or bring objects to designated spot and see how many objects they can find.

### GAMES

- Print off flashcards (you can find free ones by googling). Use flashcards and play games such as Memory and Go Fish.
- Play any board game that your child loves. He/she must say their target sound/word before taking their turn.

### ART ACTIVITIES

- Use sidewalk chalk, paint, crayons, paint daubers, etc. while practicing sounds. Draw pictures of sounds.
- Go to [bit.ly/freebaseballcraft](http://bit.ly/freebaseballcraft) for a free articulation baseball craft.

### BOOKS

- Read books together and identify target words in the books and pictures.
- Choose books that are sound-loaded with the target sound.

### HIDE AND SEEK

- Make a list of target words and write on sticky notes or print flash cards. You can find free lists and pictures through google.
- Hide around the house for them to find. Use a flashlight for added fun! They practice the words as they find them.

### CARS

- Lay out flashcards or write target words down on sticky notes. Roll car (make a home-made ramp for added fun!) and child says word that the car lands on.

### CHARADES

- Have a list of target words. Take turns choosing words to act out.

### BLOCKS AND PUZZLES

- Withhold blocks and puzzle pieces. Child says target sound/word before receiving piece.

\*Model for your child as needed. Have them look at your mouth as you create the sound. Use a mirror so they can see how they are making it. If your child becomes frustrated, bring it down a level or take a break.

# SUPPORTING LANGUAGE SKILLS IN THE HOME

Dear parents/caregivers, use these activities to target language skills in the home. Ask your child's speech therapist what goals you should be working on at home. Note: This is not a replacement for speech and language services. These activities are to supplement services and/or if there is a lapse in your child's speech therapy services. Below is a list of activities you could do, but not limited to, in the home. These will work for any goal your child has. Don't forget, activities should be FUN!

GOALS:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

activities:

## SONGS

- Sing songs such as Old McDonald, If You're Happy and You Know It, Wheels On The Bus, Itsy Bitsy Spider, etc.
- Work on joint attention, gestures, animal noises, and early words.
- Pause throughout the song to give your child an opportunity to fill in the blank (i.e. the horn on the bus goes \_\_\_\_\_ (beep beep beep).

## BOOKS

- Use engaging books to work on joint attention, expressive/receptive vocabulary, WH questions, etc. Books target ALL goals!
- For early learners, focus on the pictures, not just the words. Talk about the pictures, describe the pictures, have your child "read" to you.

## BALL, BLOCKS, BUBBLES, PUZZLE, ETC.

- Work on turn taking, joint attention, gestures, requesting, labeling, identifying, and early words with all age-appropriate toys.
- Withhold item until child requests it through sign/gesture/word.
- Talk about core vocabulary such as up, down, in, out, more, and go by providing models and setting up language opportunities.

## ART

- Use sidewalk chalk, crayons, paint, etc. and talk about what you're doing while you create.
- Describe the picture/craft. Talk about the vocabulary, colors, size, shape, etc.

## DAILY ROUTINES

- Bombard language in all daily activities. Talk with your child as they get dressed, during meal times, during baths, etc.
- Provide language opportunities throughout. For example, give a choice if they want to wear the green or red shirt, if they want water or milk, etc.

Ways to provide language opportunities:

- Fill in the blank: During common phrases or songs, leave it open at the end to give the child an opportunity to say it (i.e. ready, set, \_\_\_(go), the doors on the bus go up and \_\_\_ (down).
- Give binary choices: When asking a question, give two choices. This will give way to a verbal response rather than a shake of the head for yes or no (i.e. do you want milk or water?).
- Provide temptations: Withhold items, place items out of reach, or place items in a sealed container. In order for the child to get what they want, they will have to communicate to ask for it.

# SUPPORTING LANGUAGE SKILLS IN THE HOME

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GOALS:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

activities:

## BOOKS

- Work on vocabulary, sequencing, retelling of the story, WH questions, grammar, predicting/inferencing, auditory and comprehension, etc. ALL goals can be targeted through books!
- Knowing your child's goals, pick out an appropriate book and work together through the book practicing those skills

## BOARD GAMES

- Use board games with any goal. Practice skill before taking a turn.
- Work on turn taking skills, sentence structure, social language goals, WH questions, following directions, and more.

## ART ACTIVITIES

- Work on vocabulary, verbs, following directions, categories, basic concepts (color, size, position), etc.
- Find easy crafts on Pinterest/google to complete together.
- Color, paint, use sidewalk chalk, etc. while discussing throughout.

## COOKING

- Cooking is a language-rich activity. Work on vocabulary, sequencing, following directions, auditory and reading comprehension, and any other goal your child has.

## DAILY ROUTINES

- Daily routines are the perfect way to address language skills such as sequencing, WH questions, following directions, and vocabulary. It is a natural and easy way to include language skill development in your everyday routines.
- Daily routines include getting dressed, meal times, bath times, etc.

## MYSTERY BOX

- Hide items in a container, empty tissue box, bag, etc.
- After the child reaches in and pulls out an object, you can target: describing the object, WH questions, increasing sentence length or sentence structure (I see \_\_\_\_\_, I found \_\_\_\_\_), vocabulary, turn-taking, predicting, and more!

## PRETEND PLAY

- Play dress-up, grocery store, doctor, house, and other fun pretend play games.
- Pretend play allows natural practice of language skills such as story telling, sequencing, vocabulary,

# IF YOU WANT TO SEND HOME TARGET-SPECIFIC RESOURCES...

## ARTICULATION

### ONE PAGE HOMEWORK

ONE PAGE = ONE WEEK!

## LANGUAGE

### one-week homework sheets

1 PAGE = 7 DAYS OF PRACTICE

## PHONOLOGICAL PROCESSES

### one-week homework sheets

1 PAGE = 7 DAYS OF PRACTICE

## SPEECH THERAPY

### HOMework MINI-BOOKS

Created by ORIN LARSON

# IF YOU NEED TARGET-SPECIFIC, DIGITAL RESOURCES...

## ARTICULATION

### PROGRESS MONITORING

NO PRINT

## PRESCHOOL LANGUAGE

### Progress Monitoring

NO PRINT

## PHONOLOGY

### PROGRESS MONITORING

NO PRINT

## SPRING

### SPEECH THERAPY BUNDLE

NO PRINT

# ADDITIONAL FREE RESOURCES ON SPEECHTEA.COM...

## LANGUAGE

### one-week homework sheets

sample freebie

1 PAGE = 7 DAYS OF PRACTICE

## ARTICULATION

### lists bundle

sample freebie

WORDS, SENTENCES, STORIES

## BASEBALL

### ARTICULATION Stuffer Craft

# WEEKLY FREEBIES!



Dear SLPs,  
I hope you find these handouts useful to provide to parents both in case of emergency closures and as a general handout for parent carryover. Please reach out if you have any questions to [erin@speechtea.com](mailto:erin@speechtea.com). If you are in need of additional resources, click the links provided on the previous page to visit my store.

~Erin Larsen

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