

# Doo-a-Little Dance

## Primary Objectives

4. Demonstrates traveling skills
5. Demonstrates balancing skills

## Why It's Important

Children often enjoy imagining themselves as animals. Encouraging your child to move and sound like animals gives him the opportunity to think creatively and express himself in new ways.

## Materials

Paper; markers or crayons; large open floor space or outdoor area; bowl; hat

## What You Do

1. On small separate pieces of paper, write down various animal names. Include some of your child's suggestions as well.
2. Be sure to include some animals that move in interesting ways such as a crab, kangaroo, or gorilla.
3. Place the pieces of paper into a bowl or hat.
4. Invite your child to pull a paper from the bowl and move like the animal on the paper.
5. Encourage him to describe the animal and its movements.
6. Take a turn acting out the motions of an animal for your child to guess. Offer assistance by making animal sounds or giving clues about the animal. *I am an animal that can jump from branch to branch in trees. I love to eat acorns.*
7. Continue the activity for as long as your child is interested. You can use this game to transition from one activity to another during the day. To encourage a quiet transition, incorporate slower, calmer animal movements.